WELLNESS ROOM IS NOW OPEN!

COME IN, SIT BACK, AND RELAX ON 'TREAT YO SELF TUESDAYS' & ENJOY FUN ACTIVITIES ON 'WELLNESS WEDNESDAYS'!

G319 C STUDENT CENTER (3RD FLOOR)
'TREAT YO SELF TUESDAYS'

Every Tuesdays 3-5 pm*
Take the time, have a cup of tea, and feel calm while you take in the benefits of aromatherapy.

* April 24th & May 22nd drop in hours only from 4-5 PM

'WELLNESS WEDNESDAYS'

Every Wednesdays 3-5 pm
Drop by to enjoy a different activity every week!

Week 1 - Coloring Books
Week 2 - Puzzles
Week 3 - Beading
Week 4 - Origami
Week 5 - Playdoh
Week 6 - Lego
Week 7 - Painting Stone
Week 8 - Quote Magnets
Week 9 - Finger Painting
Week 10 - Glitter Jars
Week 11 - Finals Study Time